# Nothing About Us Without Us: Autistic People Shaping Policy About Our Lives

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#### Run by and for autistic people

Civil rights framework to disability policy issues

Work focuses on policy advocacy and systems change

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#### The Developmental Disabilities Act



#### "Disability is a natural part of the human experience...."

The Developmental Disabilities Assistance and Bill of Rights Act

Administration on Developmental Disabilities

U.S. Department of Health and Human Services



#### Neurodiversity





Looking at a disabled person as a whole person who interacts with the whole world



Identifying and removing barriers



#### Policy Advocacy

#### **Public Policy:**

The process of making decisions about how public dollars should be spent.

#### **Policy Advocacy:**

A big focus of ASAN, analyzing the history and what the community needs now to put forward proposals to change things for the better.



### Participatory Policymaking

Making sure that the people impacted by a policy have a hand in shaping it.





#### Policymaking and Research

Need research to craft effective policy Need research to know how much different policy options might cost Need research to predict how well they can be expected to work

Need research to maximize different outcomes Need research to balance competing priorities

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#### Issues with Autism Research

Only 2% of research spending on autism looks at autistic people across the lifespan--adolescents, adults, and elders.

48% of autism research funding looked at basic biology and what causes autism

Autism research dollars are concentrated at NIH, focus on traditional basic science



#### Participatory Research

Members of the community being studied share power with researchers

Work together to pick the research topic, form research questions, design the study, analyze data, and discuss the results

Must take autistic people seriously as part of the research process

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#### Changing the Policy Process

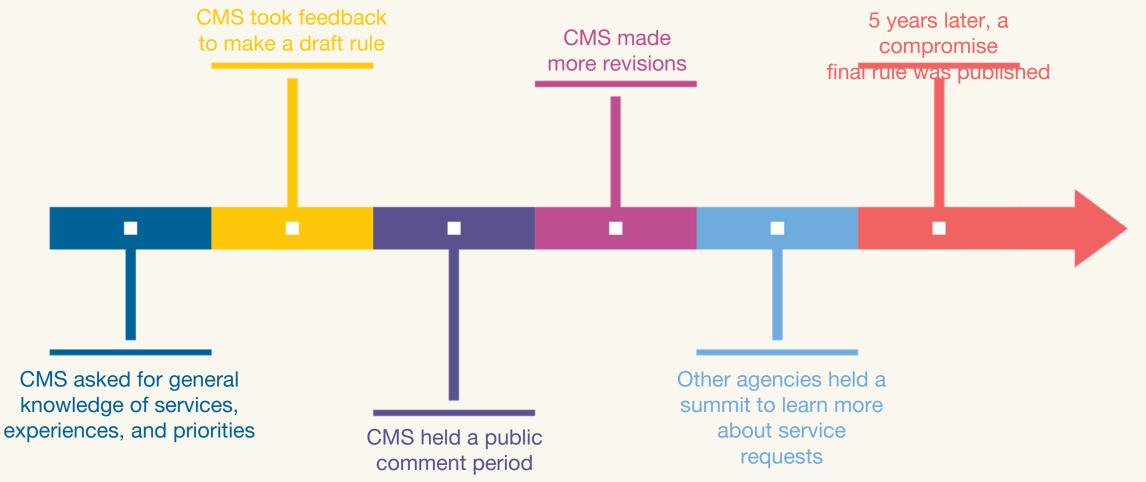
Proxy Caller System Encouraging people with disabilities to run for office Equipping self-advocates to participate in the public comment process

Participation of self-advocates in every level of government and policy

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## **Participatory Policymaking in Action:** The HCBS Settings Rule





#### Small freedoms





#### Self-Advocates MUST be Involved





**ASAN** is fighting for everyone's right to speak for themselves. We all have a voice, no matter how we express it, and we are all going to be heard.





**THANK YOU!**